



Dear FoLaR Friends,

We hope you've had a lovely summerand have been enjoying the Rec, There's been more to do this year with the new gym equipment, table tennis and now petanque. And of course the Latchmere dogs continue to be very happy on the Rec, bringing a lot of joy to their owners too. Our two "Music on the Rec' events were hugely popular. Family Fun and Games continued and will now go on until the end of September. There's one more week before the final submission date for our Art competition. More info below.

Latchmere Dog Show 2025

We are very pleased to have our Dog Show happening again this year. An opportunity for a lot of fun for everyone and the dogs love it too! Great spectator sport!

If you would like to help with organising or running events please contact hello.folar@gmail.com.







LATCHMERE Dog SHOW

**Sunday 21 September 2025
11am**

JUDGE ELLIE

£2 PER ENTRY ON THE
DAY (CASH HELPFUL)

STALLS

ALL DOGS ON
LEADS PLEASE

Star attractions:

- Best dressed dog and owner
- Best puppy up to 12 months
- Best veteran over 7 years
- Prettiest girl
- Most handsome boy
- Rescue dogs
- Best trick
- Best Junior handler under 12yrs old
- Most waggley tail
- Fun agility course

SPECIAL THANKS TO OUR SPONSORS:





Family Fun and Games

Family Fun and Games has continued on Saturday afternoons and we are very pleased that it will now go on until the end of September. There is great fun to be had and all free, but Under 9s must be accompanied. Here's the poster giving times.



FAMILY FUN & GAMES

FREE!

**Family Games
on the Rec**

**Every Saturday
2-4pm**

14 June - 30 August

All welcome



**Latchmere Rec Art Competition
-closing date extended to Sept 14th**



Create an A4 portrait-size artwork inspired by your visit to the Rec. Thank you to those who have applied - but we look forward to more submissions.

4 categories: under 7s, 8-12, 13-17, Adults

Your artwork with your name printed on the top will be displayed behind the Magic Door on the Rec by Tandems Café and on our web/social media sites. Closing date: 14th September.

Great prizes have been donated by Parade's End Books and FoLaR. Winners will be announced at the Dog Show on September 21st. (Show starts at 11.00am.)

Write your name, contact number and age if under 18 on the back off your poster and hand in to Tandems Café on the Rec.

Funding for a new pond



Work on enlarging and re-lining the pond is well under way. While it will look rather bare over the winter, nature quickly returns and we look forward to having a good- sized pond with a good depth of water which will soon become, once again, a haven for wildlife. The FoLaR pond group will continue to manage the surrounding garden, including the boundary hedge, the dead-hedge, the bird feeder, the path and any planting we might want to undertake. In late autumn, we will hold a second hedge-laying session, applying traditional hedge-laying techniques to a second length of fence (to the right of the gate). We will also prune the whole of the un-laid hedge, to create a tidier appearance.

Also in the Autumn, we will be meeting with the Council's new Bio-diversity officer (who is an expert on aquatic wildlife) to draw up a management plan for the pond. In addition to maintaining a healthy pond we also want to create learning opportunities for ourselves, for children and the wider community. If you are interested in getting involved, please contact, hello.folar@gmail.com

Another planter in our sensory garden.



Now that the drainage work in front of the café is completed, the grass is growing back (gradually!) and worst heat of the summer is over, the planter that has been long waiting to be reinstalled is finally there. We decided to strip the paint and oil the wood with the help and advice of Jack from Latchmere School. We are now ready to fill it and plant it up. If you would like to help with gardening please contact hello.folar@gmail.com

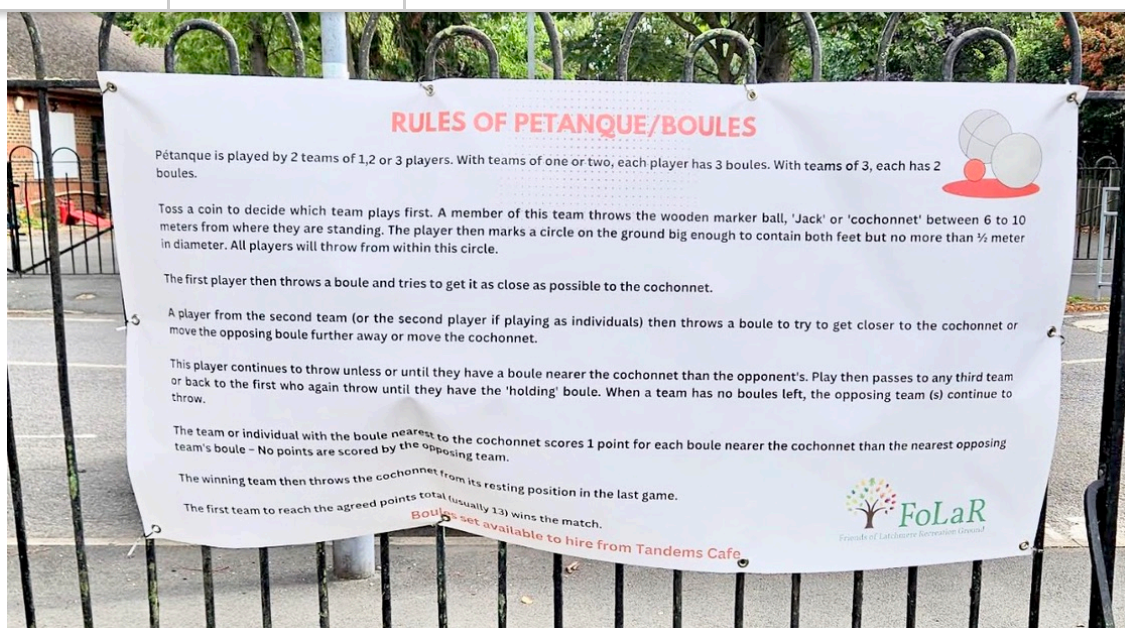
Music on the Rec



enjoyed a wide range of music and were reminded how good it is to hear music and singing live. It was performed in the fenced-off, grassed area of the children's playground, the audience extending into the sensory garden too. This first event was very successful bringing a very warm, merry atmosphere and the second event the following week, reflected this success bringing along even more people.

Petanque / Boules Pitch





At last our Petanque pitch is in full swing and we were pleased to see different generations playing together, We have placed a poster with the rules on the fence. Boules can be borrowed from Tandems cafe.

Whats on Round and About

TEA AND TREATS

Fancy a **free** coffee or cuppa?

Pop in to Swinnerton Hall,
62, Gibbon Rd, Kingston upon Thames
KT2 6AB

First Friday of Every Month



11am – 2pm



Everybody welcome.

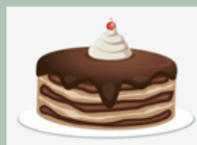
Offering a warm place to meet and chat.

Healthy options available.

Come and try one of our free tasty treats!

teaandtreatskingston@gmail.com

Follow us on Instagram: [tea.and.treats](https://www.instagram.com/tea.and.treats)



Please spread information on Tea and Treats to as many people as possible. Thank you.

'Tea and Treats' offers a warm, welcoming, and inclusive space where people come together and meet others from the area.

We have welcomed people who live on their own and feel like a change of scenery, want a place to visit for a free cuppa, carers wanting to take dependent friend or relative out, newcomers to the area, new parent, senior residents looking for some company and a chat, refugees, people living in hostels. Or some people come for time to sit on their own and enjoy a free lunch of nutritious soup followed

The art and craft table has been very popular and there have been some quite competitive games of scrabble and chess on the games table. All still friends, of course, by the end of the session!

Please do join us if you are free to sample our treats and then you will truly appreciate what you are promoting! Social prescribing plus extras!

Our mailing address is:

hello.folar@gmail.com

Our website address is: www.folar.co.uk.

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